



LOUIS-RIEL GOLF PROGRAM

FOR STUDENT-ATHLETES FROM GRADES 9-12



LOUIS-RIEL.CEPEO.ON.CA

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Conseil des
écoles publiques
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Passion - Excellence - Respect



ABOUT THE PROGRAM



One-of-a-kind locally, the Louis-Riel Golf Program offers a comprehensive approach to golf training, integrated into the school setting to promote athletic and academic excellence.

Running throughout the school year, the program focuses on delivering top out-of-competition development and preparation. Student-athletes have access to one of Eastern Ontario's very best courses thanks to the program's partnership with Camelot Golf & Country Club. Camelot also boasts a top-notch practice facility, and once the snow flies, golfers make use of the largest sports dome in Canada on-site at school for indoor wintertime play.

Louis-Riel golf places a strong emphasis on physical conditioning and offers high-quality training under the guidance of the school's own strength coach at a premiere athletic facility. On top of hitting balls, other wintertime pursuits include perfecting fundamentals, strategy, rules, mental performance, tournament preparation, season planning, physical fitness and nutrition. When Louis-Riel golfers hit the course come the spring, they are a step ahead of their competition.

PROGRAM FEATURES

Training every weekday

- 3x/week golfing
- 2x/week physical training

Program Schedule

Fall/Spring:

- Play at premiere private golf club at Camelot

Weekly:

- 2 days physical training
- 2 days practice
- 1 day 18-hole round

Winter:

- Focus on mechanics and fundamentals
- Practice in Dome LR or Gloucester Superdome
- Pine View golf simulators

Early Spring:

- Additional trips to Kevin Haime Golf Centre heated outdoor range

Access to sports professionals

- Golf instructor
- Sports nutritionist
- Mental skills coach
- Personal trainer
- Athletic therapist

Program plusses

- Video & teaching aids
- TrackMan radar & camera tool records ball's launch, distance and more stats
- Nike Team uniforms & gear
- Competition opportunities in autumn high school tournaments
- Transportation provided by school to Camelot or other golf sites



CAMELOT PARTNERSHIP ELEVATES TRAILBLAZING PROGRAM



Golf has a long-standing tradition in the Louis-Riel Sports-Study program, but it hit another level when it joined forces with Camelot Golf & Country Club in 2022. The partnership gives students a discounted membership to the premiere private club and greatly reduces program fees overall.

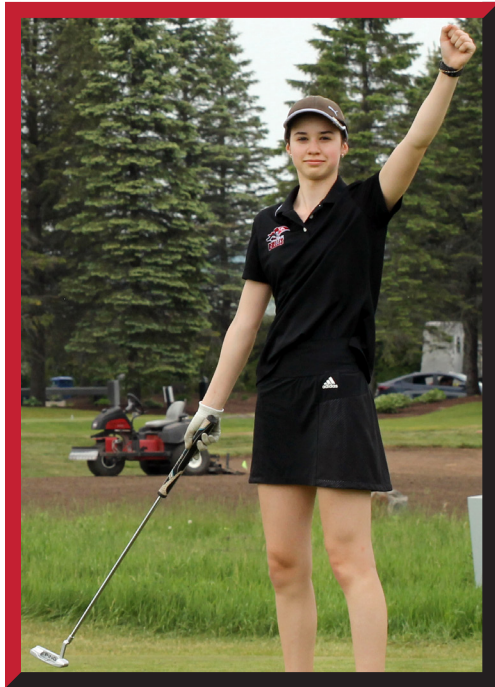
On top of the first-class facilities, Camelot has long boasted a strong junior program. It's now led by Thomas Westfall, who doubles as teacher and golf program director at Louis-Riel.

Lee Curry, an Ottawa Valley Golf Association Hall of Fame player and now a top teaching pro, is the program's primary swing coach. Participants receive one-on-one coaching time with Curry while using innovative technology tools and tapping into years of experience from one of Ottawa's best golfers of all time.

Student volunteer opportunities are integrated into the program, which helps build even deeper connections to feel part of the community at Camelot.



OUR PROUD TRADITION



While the focus is on individual improvement, Louis-Riel's golfers have often found themselves near the top of the leaderboard when they test themselves against their fellow provincial high schoolers at the OFSAA championships.

The Louis-Riel golf program also owns a strong record of players moving on to the next levels in golf. Meet a few of our grads:

PATRICK BOUDREAU



Multiple National Capital medallist for the Rebels moved on to play Canadian university golf. Helped **UNIVERSITÉ DE MONTRÉAL CARAB-INS** to national bronze medal at the 2013 Canadian University/College Championship. Won Quebec tour's season-ending players' championship the same year.

KIERSTEN KLEKNER-ALT



Was captain for **UNIVERSITY OF OTTAWA GEE-GEES** golf team. 2014 Ontario All-Star. Graduated with philosophy/political science degree. Named to All-America Scholar Team while playing for U.S. universities. Now staff for **SOUTHERN ILLINOIS UNIVERSITY** athletics while working towards law doctorate.

ESTÉE DESCHAMPS

2012 National Capital Secondary Schools Athletic Association girls' champion for Rebels. Went on to play 4 years for **SACRED HEART UNIVERSITY PIO-NEERS** in Connecticut. Recorded multiple top-10 finishes in 2017-2018, her senior year. Majored in political science and government.



MARLIES KLEKNER-ALT

Played golf for Timberwolves and graduated from **NORTHWOOD UNIVERSITY** in Michigan with marketing degree. Served as assistant golf coach for **LEWIS UNIVERSITY FLYERS** in Illinois for 2 years while earning MBA. Now works for Government of Canada.



LILIAN KLEKNER-ALT

Past OFSAA champion for Rebels in alpine skiing. Became women's club champion at Camelot as a teenager while at LR. Member of **TEAM CANADA** at 2015 Jr. Euro Cup in Scotland, won John Clark Trophy. Earned scholarship to play golf for **SOUTHERN ILLINOIS UNIVERSITY SALUKIS**.



"The Sports-Study golf program is a really special and unique program.

"I really improved a lot once I joined it. I got unmatched teaching. My whole experience at Louis-Riel was really valuable.

"I'd recommend the program to any serious golfer."

— Patrick Boudreau,
Louis-Riel graduate,
Université de Montréal



"The Sports-Study golf program at Louis-Riel has really helped me in a lot of ways. First, it's a great school for academics. The teachers are really good at planning their classes and supporting us if we have to be absent for golf.

"The physical training we do is really helpful to make us stronger. If you look at Tiger Woods, he was the best at his time because he was in really good shape. This program really changed my life."

— Mathis Rollin,
Louis-Riel graduate,
University of Mary
Hardin-Baylor Athletics



MEET THE COACHES



LEE CURRY – Head Coach



COACH'S CLIPBOARD

- ✓ Inductee in the Ottawa Valley Golf Association Hall of Fame
- ✓ Head Teaching Pro at Camelot Golf & Country Club
- ✓ Junior medal and match-play champion in OVGA & Quebec
- ✓ Past Miami University NCAA golf player
- ✓ Won 6 Golf Quebec amateur golf majors in 3 years (Alexander of Tunis 2001-2003, Duke of Kent 2002-2003 & 2001 Quebec Amateur)
- ✓ Winner of PGA of Canada's 2015 Canada Cup
- ✓ PGA of Canada-record 6-time reigning Ottawa Zone champion (2017-2022)

COACH'S CLIPBOARD

- ✓ Graduate of de l'Île high school's Sports-Study golf program in Gatineau
- ✓ University of Ottawa commerce and education graduate
- ✓ Junior program director at Camelot Golf & Country Club
- ✓ Played in provincial & national championships
- ✓ 2020 champion of the Alexander of Tunis tournament (one of Golf Quebec's three annual majors)
- ✓ Now a teacher/coach at Louis-Riel high school



THOMAS WESTFALL – Director

HOW TO REGISTER

Contact Louis-Riel Golf Program Director Thomas Westfall (thomas.westfall@cepeo.on.ca) or the Louis-Riel school administration (louis-riel@cepeo.on.ca) with any inquiries and to sign up.